

Educators, do you have hyperactive students? Easily distracted students? Super-sensitive students? Irritable students?

# Using the Nervous System to Manage Student Behaviors

**These four training sessions will teach you theory and classroom interventions to "hack" into your students' nervous systems to bring them into a calm, ready-to-learn state. Participants will learn over 50 strategies to help children.**

Presented by  
Lauren Etu, MS  
CAS RYT

a 20-year veteran school psychologist. She has worked with preschoolers to high school students across WNY

\*The Saturday session can be attended virtually or in-person.

## 3 Virtual Sessions

Wed. Jan. 5, 12, & 19  
6:30- 7:30 p.m.

## 1 in-person/virtual session\*

Saturday, Jan. 22  
1:00-3:00 p.m.  
at CLaRI  
(UB North Campus)

5 CTLE Credits

\$40 NFRC Members  
\$60 for non-members

Registration Required:  
<https://www.thenfrc.org/>

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